

## **William E. Woods, M.D.S.C.**

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### **UROGYN STUDY**

Your bladder should be full upon arrival for your appointment. You will have 4 tests.

1<sup>st</sup> You will empty your bladder in the commode inside the exam room. This void is measured by a transducer.

2<sup>nd</sup> We will then insert two small catheters. One will be placed in the urethra and one in the birthing canal.

The bladder will be filled back up with sterile water until you have your 1<sup>st</sup> sensation of having to void (urinate). The water will be stopped and you will be asked to do a series of tests. These tests will include coughing or valsalva to try and show leakage. If this doesn't cause leakage, more water will be inserted until you have the sensation to void and you can absolutely no longer hold. Then the test will be run again.

3<sup>rd</sup> The urethral pressure will be tested with the catheter being slowly pulled out of the urethra.

4<sup>th</sup> You will void in the commode and empty your bladder with catheters.

The entire test should take a maximum of 1 hour.

Please call if you have any questions regarding the above information and ask for one of the Nurse Practitioners or Physician Assistants. Our office hours are Monday-Thursday, 9:00am to 5:00pm and Friday, 9:00am to 3:00pm.